



TODAY'S PROGRAM, JANUARY 18
Jaime Deiters will introduce us to BroadPath!

COMING ATTRACTIONS
1/25 - Victoria Yepsen from Bureau County United Way will share information with us about an upcoming event!
2/1 - No noon meeting. We will be completing the "Baby Bug" books that evening - more details to follow.
2/8 - For our Valentine's Day celebration, Chantha Chhim from Bunker Hill Church will speak about relationships.
2/15 - Tumbleson's Auction Company will have today's program.
2/22 - To be announced.

Contact Joe Kitchens with your program ideas!

HAPPY BIRTHDAY
1/20 - John Weborg

HAPPY ANNIVERSARY
None

MAKE-UP OPPORTUNITIES
within two weeks of missed meeting
1) Attend another Rotary Club's meeting. Go to my.rotary.org - click on *Club Finder*.
2) Read articles and/or watch videos at www.rotaryclubone.org for 30 minutes.
3) Give blood at a Blood Drive (schedule at www.bloodcenter.org with Impact Life):
♦ Second Monday each month, 12 p.m. to 5 p.m. at OSF St. Clare.
4) Corporate Auxiliary Members can attend as a make-up for the Primary Member.
5) Participate in service projects or attend committee meetings.

The meal option is soup/salad bar unless each Rotarian selects another choice on our webpage at www.princetonrotaryclub.com or sends an email to Rita at undergroundinn@gmail.com **by 3:00 p.m. on Monday** with one of the following options:
Meatloaf & Mashed Potatoes
Grilled Chicken Lettuce Salad
Turkey Wrap & Fries (or Chips)
Hamburger & Fries (or Chips)
Chicken Salad Sandwich & Chips (or Fries)
Deep-Fried Tenderloin & Fries (or Chips)
All Rotarians choosing one of these options pay \$11 for the meal to Rotary who pays the Underground.
Drink price: \$3 for someone not eating.



January 11 Program
Arukah Institute

Joe Kitchens introduced Stephanie Gustafson who is the Chief Information Officer at Arukah Institute and the C5 Rural Program Director. Stephanie talked about a number of factors affecting their 4-county service area (Bureau, Marshall, Putnam, LaSalle). This includes high rates of suicide and self-inflicted injury; elevated death rates due to drug overdose; a lack of complementary health services; limited mental health services; and residents in large part unable to afford mental health care. Arukah opened in 2017 with a focus on prevention and wellness, and they have quickly enveloped a number of programs to include counseling, teen groups, and crisis support with local law enforcement. Stephanie shared one of their "Worth" videos that is shown in many local schools. In 2018, the C5

ATTENDANCE, week of January 11
Membership: 44 Active Members
6 Senior Active
26 Corporate Auxiliary
76 Total
Members Absent: 19
Make-ups: 2
Net Absent: 17
Percentage: 59%

ABSENCES, January 11
Butler, Chhim, Deiters, Dzik, Haring, Henkelman, Horras, Kwiatek, Lasson, May, Mullane, Olds, Orwig, Pacunas, Schou, Smith, Taylor, Whitlock, Zerneck

MAKE-UPS, Week of January 11
Mullane, Zerneck

MAKE-UPS, January 4 or Before
Zerneck (5), Henkelman, Whitlock

VISITING ROTARIANS, January 11
None

GUESTS, January 11
Stephanie Gustafson - Speaker

Rural collaborative was formed linking 5 area resources which has now grown to 36. As Arukah continues to grow to meet the needs of this area, they are excited to have an "ER" for mental health needs that will be available at the St. Margaret's walk-in clinic in the coming months. Stephanie talked briefly about the many grants they have been part of and shared the wish list for Arukah. In the Q&A portion, she noted that ages 12 - 24 seem to be the biggest demand for services now. For more information, visit their website at arukahinstitute.org.



